



## **Extraction of Baby Teeth Post Operative Care**

Your child has just had some "baby teeth" removed. The baby teeth at times do not fall out on their own and need to be removed to prevent problems with eruption and/or position of the permanent teeth. Please follow the guidelines below to ensure a smooth recovery for your child.

1. Your child will have a numb lip, cheek and/or tongue for anywhere from one to several hours after the procedure is done. Please monitor your child making sure they do not chew on that side until it is once again "awake".
2. Keep your child's diet soft for 24 hours. Avoid hard, crunchy foods.
3. Keep your child's activity monitored for the remainder of the day – no heavy duty activities, jumping, running, climbing, riding, etc.
4. Continue biting on the pressure guaze for at least the first 3-5 hours after the procedure. After that, check the gauze for any hint of blood. Evidence of minimal blood on the gauze means that it is no longer necessary to bite on the guaze.
5. It is not uncommon to have a light blood stain on the pillow the night of the procedure. This should not be a source of concern for you as it is a normal occurrence.
6. If bleeding persists the day after the extraction, please call the office.